

## Recreation &amp; Community Services

## Adult 50+ Program

Los Altos Community Center (LACC)  
97 Hillview Avenue  
Los Altos, CA 94022  
Mon-Thu: 9 AM-2 PM

(650) 947-2797

Grant Park  
1575 Holt Avenue  
Los Altos, CA 94024  
Mon/Wed: 9 AM-2 PM

As of February 1, 2022, the fee for the Spotlight newsletter to be mailed to your home will be reinstated. The fee is \$6.00 per year. Register for classes and sign up for home delivery at [LosAltosrecreation.org](https://www.losaltosrecreation.org) and click on "[View Classes](#)" or call the Adult 50+ Program at (650) 947-2797 for assistance. Thank you for your support of the Los Altos Adult 50+ Program!

**AARP Tax Prep Aide** - Volunteers are here to provide free tax preparation assistance on Mondays, February 7 to April 11, 9-11 AM, LACC/Manzanita Room. By appointment only. Call (650) 947-2797 to schedule.

**Ping Pong** is back at Grant Park/Multi-purpose Room on Mondays, 11 AM-1:30 PM. Drop-in fee: \$3 Residents, \$5 Non-Residents.

**Hybrid Activities:** Many activities are available in-person or online. Come to the Center and enjoy an activity or stay home and Zoom to participate. Your choice!

### February Activities:

**3rd Thursday Movie** - "**Guess Who's Coming to Dinner**," February 17, 12:30 PM, LACC/Cedar Room. Fee: \$1 Residents, \$2 Non-Residents.

**Fall Prevention by Santa Clara County Fire Department (SCCFD)** - February 23, 12:45-1:45 PM, online. Register: [www.sccfd.eventbrite.com](https://www.sccfd.eventbrite.com)

### March Activities:

**City of Los Altos Housing Element Virtual Community Workshop**, where the future of housing in Los Altos will be discussed. Tuesday, March 1, 7 PM. To sign up, go to [LosAltosHousing.org](https://www.losaltoshousing.org) or call (650) 947-2611.

**Pickleball** - Mondays and Wednesdays, 6:30-9:30 PM, starting March 7, Egan Junior High School Gym. Drop-in fee: \$3 Residents, \$5 Non-Residents.

**Speaker Robbie Brown**, Manager of Acterra's Healthy Plate program, talks about food sustainability and the role food plays with climate change. Tuesday, March 15, 11 AM, online. Call (650) 947-2797 for link.

**3rd Thursday Movie** - "**Far and Away**," March 17, 12:30 PM, LACC/Cedar Room. Fee: \$1 Residents, \$2 Non-Residents.

### Coming Soon:

**Chess-Open Play** - Beginning in March, Tuesdays, 1-4 PM, LACC/Lobby.

**Hula Dance** - Enjoy light exercise and gain flexibility while learning basic Hula steps presented by Susanne Hornberger-Fuller. Participants join via Zoom. All levels welcome.

**Rummikub** - Join this fun tile-based board game in-person at the Community Center. It combines elements of the Rummy card game and Mah Jongg.

**Mini Trip** - Culinary Fun in Palo Alto. Lunch at Sundance Steakhouse and Cupcake Decorating at Kara's Cupcakes, Thursday, April 28, 12-5 PM. Transportation provided. Further details and fees to follow.

Activities are free unless fee noted.

<https://www.losaltosca.gov/recreation/page/adult-50-program>

Santa Clara County COVID-19 guidelines are in place. Keep a safe distance and wear a mask.

# February 2022 -Classes/Events/Activities (including Online)

## Los Altos Community Center (LACC)

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:15 AM-2 PM <i>Play Bridge</i> 10 AM-12 PM <i>A Matter of Balance*</i> 11 AM-12 PM <i>Bingosize*</i> 1-2 PM <i>Richard C. Line Dancing</i>	2 9:15 AM-2 PM <i>Play Bridge</i> 10 AM-12 PM <i>Lenora V. ArtVenturers</i> 10-11 AM <i>Bingosize*</i> 10:45-11:45 AM <i>Kathleen M. (Garden House) Tai Chi for Health</i>	3 9-11:30 AM <i>Play Bridge</i> 11 AM <i>Mike Blum Speaker Series*</i> 11 AM-12 PM <i>Bingosize*</i> 11:30 AM-2 PM <i>Play Pinochle</i> 12-2 PM <i>Play American Mah Jongg</i>	4 10:30 AM-12 PM <i>Ken P. Foreign Affairs*</i>
7 9-11 AM <i>AARP Tax Preparation</i> 9:15-10 AM <i>Vijay D. Meditation*</i> 9:15 AM-12 PM <i>Play Bridge</i> 10-11 AM <i>Bingosize*</i> 11 AM <i>CSA Health Check</i> 12:30-2 PM <i>Monkey Toys</i>	8 9:15 AM-2 PM <i>Play Bridge</i> 10 AM-12 PM <i>A Matter of Balance*</i> 11 AM-12 PM <i>Bingosize*</i> 1-2 PM <i>Richard C. Line Dancing</i>	9 9:15 AM-2 PM <i>Play Bridge</i> 10 AM-12 PM <i>Lenora V. ArtVenturers</i> 10-11 AM <i>Bingosize*</i> 10:45-11:45 AM <i>Kathleen M. (Garden House) Tai Chi for Health</i>	10 9-11:30 AM <i>Play Bridge</i> 11 AM <i>Mike Blum Speaker Series*</i> 11 AM-12 PM <i>Bingosize*</i> 11:30 AM-2 PM <i>Play Pinochle</i> 12-2 PM <i>Play American Mah Jongg</i> 1-3 PM <i>Ellen C. Tech Tutor (appt)</i>	11 10:30 AM-12 PM <i>Ken P. Foreign Affairs*</i>
14 9-11 AM <i>AARP Tax Preparation</i> 9:15-10 AM <i>Vijay D. Meditation*</i> 9:15 AM-12 PM <i>Play Bridge</i> 10-11 AM <i>Bingosize*</i> 12:30-2 PM <i>Monkey Toys</i>	15 9:15 AM-2 PM <i>Play Bridge</i> 10 AM-12 PM <i>A Matter of Balance*</i> 11 AM-12 PM <i>Bingosize*</i> 1-2 PM- <i>Richard C. Line Dancing</i> 1-3 PM <i>Ellen C. Tech Tutor (appt)</i> 1-4 PM <i>Nancy L. HICAP (appt)</i>	16 9:15 AM-2 PM <i>Play-Bridge</i> 10 AM-12 PM <i>Lenora V. ArtVenturers</i> 10-11 AM <i>Bingosize*</i> 10:45-11:45 AM <i>Kathleen M. (Garden House) Tai Chi for Health</i> 1-2 PM <i>Book Club *</i>	17 9-11:30 AM <i>Play Bridge</i> 11 AM <i>Mike Blum Speaker Series*</i> 11 AM-12 PM <i>Bingosize*</i> 11:30 AM-2 PM <i>Play Pinochle</i> 12-2 PM <i>Play American Mah Jongg</i> 12:30-2:30 PM <i>Movie "Guess Who's Coming to Dinner"</i> 1-3 PM <i>Ellen C. Tech Tutor (appt)</i>	18 10:30 AM-12 PM <i>Ken P. Foreign Affairs*</i>
21 <i>Presidents' Day Center Closed</i>	22 9:15 AM-2 PM <i>Play Bridge</i> 10 AM-12 PM <i>A Matter of Balance *</i> 11 AM-12 PM <i>Bingosize*</i> 1-2 PM <i>Richard C. Line Dancing</i>	23 9:15 AM-2 PM <i>Play Bridge</i> 10 AM-12 PM <i>Lenora V. ArtVenturers</i> 10-11 AM <i>Bingosize*</i> 10:45-11:45 AM <i>Kathleen M. (Garden House) Tai Chi for Health</i> 12:45-1:45 PM <i>Fall Prevention* by SCCFD</i>	24 9-11:30 AM <i>Play Bridge</i> 11 AM <i>Mike Blum Speaker Series *</i> 11 AM-12 PM <i>Bingosize*</i> 11:30 AM-2 PM <i>Play Pinochle</i> 12-2 PM <i>Play American Mah Jongg</i>	25 10:30 AM-12 PM <i>Ken P. Foreign Affairs*</i>
28 9-11 AM <i>AARP Tax Preparation</i> 9:15-10 AM <i>Vijay D. Meditation*</i> 9:15 AM-12 PM <i>Play Bridge</i> 10-11 AM <i>Bingosize*</i> 12:30-2 PM <i>Monkey Toys</i>				

### Legend

- Fee-Based Classes
- Free Classes/Open Play
- Special Activities and Events
- Call for Appointment/Registration Required
- ✱ Online activities are marked with an asterisk.
- Check both location calendars.

NOTE: Calendars are not a comprehensive listing of all programs.

LACC  
Sycamore & Cedar Rooms  
Adult 50+ Program  
97 Hillview Avenue  
Los Altos, CA 94022  
  
Mon-Thu: 9 AM-2 PM  
(650) 947-2797

**March 2022 - Classes/Events/Activities (including Online)**  
**Los Altos Community Center (LACC)**

Monday	Tuesday	Wednesday	Thursday	Friday
	9:15 AM-2 PM <i>Play Bridge</i> <sup>1</sup> 10 AM-12 PM <i>A Matter of Balance*</i> 11 AM-12 PM <i>Bingocize*</i> 1-2 PM <i>Richard C. Line Dancing</i> 1-3 PM <i>Ellen C. Tech Tutor (appt)</i> 1-4 PM <i>Chess</i> 7 PM <i>Housing Element workshop*</i>	9:15 AM-2 PM <i>Play Bridge</i> <sup>2</sup> 10-11 AM <i>Bingocize*</i> 10 AM-12 PM <i>Lenora V. ArtVenturers</i> 10:45-11:45 AM <i>Kathleen M. (Garden House) Tai Chi for Health</i>	9-11:30 AM <i>Play Bridge</i> <sup>3</sup> 11 AM-12 PM <i>Bingocize*</i> 11:30 AM-2 PM <i>Play Pinochle</i> 12-2:00 PM <i>Play American Mah Jongg</i> 1-3 PM <i>Ellen C. Tech Tutor (appt)</i>	10:30 AM-12 PM <i>Ken P. Foreign Affairs*</i> <sup>4</sup>
9-11 AM <i>AARP Tax Preparation</i> <sup>7</sup> 9:15-10 AM <i>Vijay D. Meditation*</i> 9:15 AM-12 PM <i>Play Bridge</i> 10-11 AM <i>Bingocize*</i> 12:30-2 PM <i>Monkey Toys</i> 6:30-9:30 PM <i>Pickleball</i>	9:15 AM-2 PM <i>Play Bridge</i> <sup>8</sup> 10 AM-12 PM <i>A Matter of Balance*</i> 11 AM-12 PM <i>Bingocize*</i> 1-2 PM <i>Richard C. Line Dancing</i> 1-3 PM <i>Ellen C. Tech Tutor (appt)</i> 1-4 PM <i>Chess</i>	9:15 AM-2 PM <i>Play Bridge</i> <sup>9</sup> 10-11 AM <i>Bingocize*</i> 10 AM-12 PM <i>Lenora V. ArtVenturers</i> 10:45-11:45 AM <i>Kathleen M. (Garden House) Tai Chi for Health</i> 6:30-9:30 PM <i>Pickleball</i>	9-11:30 AM <i>Play Bridge</i> <sup>10</sup> 11 AM-12 PM <i>Bingocize*</i> 11:30 AM-2 PM <i>Play Pinochle</i> 12-2:00 PM <i>Play American Mah Jongg</i> 1-3 PM <i>Ellen C. Tech Tutor (appt)</i>	10:30 AM-12 PM <i>Ken P. Foreign Affairs*</i> <sup>11</sup>
9-11 AM <i>AARP Tax Preparation</i> <sup>14</sup> 9:15-10 AM <i>Vijay D. Meditation*</i> 9:15 AM-12 PM <i>Play Bridge</i> 10-11 AM <i>Bingocize*</i> 12:30-2 PM <i>Monkey Toys</i> 6:30-9:30 PM <i>Pickleball</i>	9:15 AM-2 PM <i>Play Bridge</i> <sup>15</sup> 10 AM-12 PM <i>A Matter of Balance*</i> 11 AM <i>Acterra Healthy Plate*</i> 11 AM-12 PM <i>Bingocize*</i> 1-2 PM <i>Richard C. Line Dancing</i> 1-4 PM <i>Nancy L. HICAP (appt)</i> 1-4 PM <i>Chess</i>	9:15 AM-2 PM <i>Play Bridge</i> <sup>16</sup> 10-11 AM <i>Bingocize*</i> 10 AM-12 PM <i>Lenora V. ArtVenturers</i> 10:45-11:45 AM <i>Kathleen M. (Garden House) Tai Chi for Health</i> 1-2 PM <i>Book Club *</i> 6:30-9:30 PM <i>Pickleball</i>	9-11:30 AM <i>Play Bridge</i> <sup>17</sup> 11 AM-12 PM <i>Bingocize*</i> 11:30 AM-2 PM <i>Play Pinochle</i> 12-2:00 PM <i>Play American Mah Jongg</i> 12:30-2:30PM <i>Movie "Far and Away"</i>	10:30 AM-12 PM <i>Ken P. Foreign Affairs*</i> <sup>18</sup>
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9-11 AM <i>AARP Tax Preparation</i> <sup>28</sup> 9:15-10 AM <i>Vijay D. Meditation*</i> 9:15 AM-12 PM <i>Play Bridge</i> 10-11 AM <i>Bingocize*</i> 12:30-2 PM <i>Monkey Toys</i> 6:30-9:30 PM <i>Pickleball</i>	9:15 AM-2 PM <i>Play Bridge</i> <sup>29</sup> 11 AM-12 PM <i>Bingocize*</i> 1-4 PM <i>Chess</i>	9:15 AM-2 PM <i>Play Bridge</i> <sup>30</sup> 10 AM-12 PM <i>Lenora V. ArtVenturers</i> 10-11 AM <i>Bingocize*</i> 6:30-9:30 PM <i>Pickleball</i>	9-11:30 AM <i>Play Bridge</i> <sup>31</sup> 11 AM-12 PM <i>Bingocize*</i> 11:30 AM-2 PM <i>Play Pinochle</i> 1-3 PM <i>Ellen C. Tech Tutor (appt)</i>	

**Legend**

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 Adult 50+ Program  
 97 Hillview Avenue  
 Los Altos, CA 94022

**Mon-Thu: 9 AM-2 PM  
 (650) 947-2797**

# February 2022 - Classes/Events/Activities (including Online)

## Grant Park

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 <u>Wednesday Schedule</u> 9:15 AM-2 PM <i>Play Bridge</i> 10 AM-12 PM <i>Class American Mah Jongg</i> 10:15-10:45 AM <i>Eleanor Stretching &amp; Walking</i> 11-11:45 AM <i>Vijay D. Chair Exercise</i> 12-2 PM <i>Play American Mah Jongg</i> 1:30-2:30 PM <i>Bob E. Dance Exercise</i>	3	4
9 AM-2 PM <i>Chess</i> 7 9:15 AM-2 PM <i>Play-Bridge</i> 11 AM-12 PM <i>Jack T. Conversation Group</i> 11 AM-1:30 PM <i>Ping Pong</i>	8	9 <u>Wednesday Schedule</u> plus 11 AM <i>CSA Health Check</i>	10	11
9 AM-2 PM <i>Chess</i> 14 9:15 AM-2 PM <i>Play Bridge</i> 11 AM-12 PM <i>Jack T. Conversation Group</i> 11 AM-1:30 PM <i>Ping Pong</i>	15	16 <u>Wednesday Schedule</u> plus 1-2 PM <i>Book Club *</i>	17	18
21 <i>Presidents' Day Center Closed</i>	22	23 <u>Wednesday Schedule</u>	24	25
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**Grant Park**  
**Room 4**  
**Adult 50+ Program**  
**1575 Holt Avenue**  
**Los Altos, CA 94024**  
**Mon/Wed: 9 AM-2 PM**  
**(650) 947-2797**

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7 9 AM-2 PM <i>Chess</i> 9:15 AM-2 PM <i>Play Bridge</i> 11 AM-12 PM <i>Jack T. Conversation Group Room 3</i> 11 AM-1:30 PM <i>Ping Pong</i>	8	9 <u>Wednesday Schedule</u>	10	11
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Change Service Requested

Email: [recreation@losaltosca.gov](mailto:recreation@losaltosca.gov)

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See instructions inside to order future copies.

# SPOTLIGHT NEWSLETTER

Los Altos Adult 50+ Program